

# Cool Piano Songs Music Studios

## Professional Music Instruction

Tips for getting the most out of your practice sessions

1. Try setting up a regular time to begin your practice each day. Establishing a daily routine of practice is the key to having fun!
2. Eliminate distractions. Make sure you have a place to yourself to practice without other activity swirling around you.
3. Don't miss a day – even if you only get in 15 minutes of practice time it will make a difference.
4. Keep your practice session at a reasonable length-30 to 60 mins.. Be sure to set realistic goals for each practice time and tackle them within the session. Try splitting up your practice time into 2 or more shorter sessions within the day.
5. Resist the temptation to try and “make up” for lost time by doing an extra long practice session after missing a day or more.
6. Warm up at the beginning of your practice session with scales, arpeggios, and technique exercises. Slowly wake up your muscles and your brain will make you more ready for the challenges within the pieces you are working on.
7. Zoom in on difficult spots and rehearse them first until they “feel” comfortable. If the music is difficult practice shorter phrases and chain them together as one long phrase. And once you have rehearsed all difficult spots, play the piece all the way thru without stopping.
8. Circle passages you can't figure out and ask your teacher for help with that specific part at your next class.
9. Make it musical. To really enjoy your music, you have to go beyond the notes and focus on feel & style of the piece. Do it each practice session.
10. Listen to different recordings of the piece that you are working on and listen to what makes each recording different. Figure out what types of things you like from each recording and use that in the piece.